



# TOUR 1 DAY: MISHKA YORKÍN

Duration of the tour: 6 hours

Schedule: We leave Bambú at  
9.00 a.m. and return at 3.30 p.m.

Level of difficulty: low

Enjoy a day of natural and cultural richness, get to know the Bribri traditions and the real taste of chocolate!

This tour will take you to the Bribri Indigenous Territory located in the tropical rainforest of Talamanca. The tour starts in the village of Bambú, where you will meet the local guide at a grocery store. In a dugout canoe you will be brought up the spectacular Yorkín river until the village of Yorkín.

After about one hour, arriving at Yorkín, we will walk through the village and see organic cacao and banana plantations on our way to the rural lodge of Stibrawpa. Once there, we will have a snack and visit the Tskui river and a hanging bridge, where we stop to bath in the refreshing water.

Back at the kitchen, we will share with you the story about the beginning of Stibrawpa.

After that, we will enjoy a Bribri style lunch. For dessert, we will show you how we traditionally produce chocolate and you will eat organic bananas submerged in a freshly made chocolate sauce. In the afternoon, you will learn how to use the traditional bow and arrow and how to weave the leaves for a traditional roof. After these incomparable experiences, we will go back to Bambú by canoe.

What is included in this tour? Canoe transportation, local guide, snack, lunch, conversation about the organization, chocolate presentation, roof weaving presentation, bow and arrow presentation



# 1 DAY MISHKA YORKIN

NATIVE CACAO

LIVE WITH US IN OUR NATURAL  
PARADISE, LEARN ABOUT OUR  
CULTURE AN HOW TO MAKE  
ORGANIC CHOCOLATE AND TO  
HARVEST NATIVE CACAO IN  
THE TROPICAL FOREST



BRIBRI CULTURE

COME, SHARE AND  
BUILD NEW EXPERINCES IN  
THE BRIBRI COMMUNITY OF  
YORKIN. LOCATED  
AT THE LIMITS OF COSTA RICA  
WITH PANAMA, ITS AN  
INDIGENOUS COMMUNITY  
OF 250 PERSONS

STIBRAWPA IS AN ASSOCIATION OF THE  
INHABITANTS OF THE YORKIN COMMUNITY,  
WHO ENJOY AN ABUNDANCE OF NATURAL  
BEAUTY, RAINFOREST, THE TSKUI AND  
YORKIN RIVERS WITH THEIR WATERFALL  
AMONG OTHER ATTRACTIONS

CHOCOLATE





1 DAY

# MISHKA YORKIN

## WEAVING ROOFS

EXPERIENCE OUR CULTURE, GETTING TO  
KNOW THE ART OF ROOF WEAVING. AN  
ANCESTRAL KNOWLEDGE INHERITED  
BY THE ANCIENT COSTA RICANS,  
AND THAT SURVIVES IN OUR DAYS.  
THE ROOFS OF OUR HOUSES  
ARE MADE OF SUITE.



## SUITA PLANT

SUITA ROOFS PROTECT US  
FROM RAIN, ARE  
WATERPROOF AND CAN  
OPERATE FOR UP TO 10 YEARS.  
A PLANT THAT GROWS IN THE  
MOUNTAINS, ALONG THE  
TALAMANCA MOUNTAIN RANGE.  
IN THE FOREST THE SUITA  
SERVES AS FOOD FOR THE BIRDS,  
ITS LEAVES FALLEN ON THE FOREST  
FLOOR PROVIDE NUTRIENTS.



OUR PALM ROOFS ARE ALSO SMALL  
ECOSITES FOR MICROFAUNA THAT INHABIT  
THE FOREST. EXPERIENCE THE ART OF  
BIBRI WEAVING AND CONNECT WITH THE  
ANCIENT AMERICANS WHO INHABITED THE  
MOUNTAINS OF TALAMANCA.

## ECOSYSTEMS



JULIO, NATIVE GUIDE



1 DAY

# MISHKA YORKIN

BOW AND ARROW

GET READY TO TEST YOUR  
ARCHERY SKILLS. AND COME  
TO KNOW THE USES  
THAT OUR ANCESTORS GAVE  
TO THIS ANCIENT TOOL FOR  
HUNTING AND DEFENSE.



## BRIBRI CULTURE

THE BOW AND ARROW  
ARE USED TODAY FOR  
RECREATIONAL SPORT;  
HOWEVER, IN EARLIER TIMES  
IT FULFILLED TWO FUNCTIONS:  
"HUNTING ANIMALS AND  
IT WAS ALSO THE WEAPON  
OF WAR AGAINST THE COLONIZERS,  
WHICH IS WHY THE  
COLONIZERS CALLED THEM  
"THE ARROWMEN".

THE BOW AND ARROW ARE A LIVING VESTIGE  
OF THE REBELLIOUS TALAMANCA, ONCE  
A LAND OF WARRIORS AND LEADERS  
WHO FACED THE INVADERS AND  
FOUGHT FOR THE PRESERVATION  
OF THEIR CULTURE AND  
TRADITIONS TO THIS DAY.



HUNTERS AND GATHERERS

[WWW.STIBRAWPAYORKIN.COM](http://WWW.STIBRAWPAYORKIN.COM)





Stay overnight in Yorkín to get in touch with the great wisdom passed down from generation to generation and to hike in the tropical forest!

# TOUR 2DAYS / 1 NIGHT

**1st day** This tour starts in the grocery store of Bambú, where the local guide will wait for you. We will follow the program of the one day tour. After lunch and the chocolate dessert, you will have the opportunity of learning the use of the traditional bow and arrows and how to weave the leaves for a traditional roof. Later in the afternoon you will learn a bit of the original Bribri language. In the evening, we will have dinner and conclude with a cultural exchange during which you will listen to ancient stories about the Bribri culture, an oral tradition which has been passed on from generation to generation. Accommodation in Posada Rural Stibrawpa.

**2nd day.** In the morning, we will have breakfast to stock up on energy for the hike of approximately one hour to a wonderful waterfall on the panamanian side of the Yorkín river.

We will stay there for a while to take a bath in the natural pool and to admire the beauty of this place. Back in Yorkín, we will have lunch. Don't forget to buy souvenirs from Stibrawpa! Afterwards, we will be ready to depart in the canoe to return to Bambú.

What is included in this tour? Canoe transportation, local guide, 1 breakfast, 2 snacks, 2 lunch, 1 dinner, chocolate presentation, presentation of weaving roofs, presentation of bow and arrow, conversation about the organization, Bribri class, cultural conversation, hike to the waterfall, 1 night in the Posada Rural

Schedule: We leave Bambú at 9.00 a.m. and return at 3.30 p.m.

Level of difficulty: low (hike: intermediate)



Services included in every Tour:

Trip by boat from Bambú to Yorkín and back  
Local guide  
Full board  
Cultural activities  
Free boot rental  
Lodging (in case of tours for more than one day)  
Úsule (big traditional house) for your meetings and activities  
Sale of handcrafts

Additional services

visit Bribri families at home  
grind sugar cane  
visit a traditional Úsule (sacred house)  
hike from Bambú to Yorkín  
bribri language course  
survival tour  
edible and medicinal plants tours



If you like hiking, you will love the hike from Bambú to Yorkín instead of one boat ride.



If you are physically not able or don't want to realize the hikes to the waterfall or the lookout, you can exchange a hike with 2 other activities.



Additional activities can be realized from the 2 days tour in advance.



# *Stibrawpa*

## OUR ROOMS

Currently, we can accommodate 60 people. All the beds have mosquito nets and semi orthopedic mattresses and private bathrooms, all built in traditional Bribri architecture

The “Posada Rural Stibrawpa” works with solar energy, anyways, some dormitories are without electricity.



We have single, double and bunk beds available. All cabins have private bathrooms

Much love,

*Bernarda*





# Bua' Bua'ë Travel

tours by autonomos natives

It is an initiative of natalia le,  
with the support of indigenous  
organizations in Latin America.

San José, Costa Rica

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